

## EDUCATION

- 1981-1985 Bachelor of Science, Biology, University of North Dakota, Grand Forks, ND  
*Summa Cum Laude*
- 1986-1988 Nursing, University of Mary, Bismarck, ND
- 1990-1994 M.D., with Honors, University of North Dakota School of Medicine, Grand Forks, ND
- 1994-1995 Internship, University of Iowa Hosps & Clinics (UIHC), Iowa City, IA
- 1995-1998 Resident Physician, Psychiatry, University of Iowa Hosps & Clinics, Iowa City, IA
- 1998-2000 Fellowship, Neuropsychiatry, Clinical Research Center, University of Iowa, Iowa City, IA

## BOARD STATUS

- 2000 Board Certified by American Board of Psychiatry & Neurology

## PROFESSIONAL EXPERIENCE

- 1996-1997 Iowa Chemical Dependency Center, Substance Abuse & Dual Diagnosis, Iowa City, IA
- 1999 Counseling & Health Promotions Clinic, Family Care Center, University of Iowa Hospitals & Clinics, Iowa City, IA  
Consultation Liaison to Family Practice Physicians & Residents
- 2000 Staff Psychiatrist, Outpatient Psychiatric Clinic, VA Medical Center, Iowa City, IA
- 2000-2006 Assistant Clinical Professor, Department of Psychiatry, University Iowa Hosps & Clinics  
*Medical Director/Staff Psychiatrist; Partial Hospital Program, Mood Disorder Track Supervisor; R3 Clinical Rotation, Partial Hospital Program, UIHC Supervisor; M3-M4 Medical Student Psychiatry Clerkship, Partial Hospital Program Clinical Supervision Residents & Medical Students, Inpatient Psychiatry Units Consultation Liaison Psychiatrist, University of Iowa Carver College of Medicine Adult Outpatient Psychiatric Clinic, Staffing/Supervision Residents, ARNPs, PAs, SWs*
- 2004-2006 Medical Director, IMPACT-B; Integrated Multi-Agency Proactive & Coordinated Treatment Program, providing clinical coordination of services and crisis intervention for clients with Borderline Personality Disorder and Eating Disorders
- 2006-2007 Private Practice; Jayne Stevenson & Associates, Boise, ID
- 2006 Independent Medical Examinations, Forensic, Valley County District Court, McCall, ID
- 2006-2007 Staff Psychiatrist; Assertive Community Treatment (ACT) Program; Multidisciplinary Treatment Program for clients with Severe and Persistent Mental Illness (SPMI), Dept of Human Services, Region III, Caldwell, ID
- 2007-2008 Staff Psychiatrist, Veterans Administration Medical Center, Boise, ID  
*Inpatient Staff Psychiatrist  
Consultation-Liaison to Medical-Surgical Inpatient Unit  
Outpatient Behavioral Health Clinic*
- 2007-Present Clinical Assistant Professor, Dept of Psychiatry and Behavioral Sciences, University of Washington, Seattle, WA 98195

## ADDITIONAL PROFESSIONAL ACTIVITIES

- 2000-2002 Psychopharmacology Lecture Series, M3 Medical Students, UI Carver College of Medicine
- 2002-2006 Clinical Case Conference for Medical Students, UI Carver College of Medicine
- 2003-2006 Clinical Interviewing Skills, Foundations of Clinical Practice IV, UI Carver College of Medicine
- 2001-2006 Women's Mental Health Issues R3/R4 lecture series; Peri & Postpartum Mood Disorders, Psychopharmacology in Pregnancy, Premenstrual Dysphoric Disorder, Gender Issues in Psychiatric Treatment; University of Iowa Hospitals & Clinics
- 2003-2006 Case Conference; Journal Club, R1-R4 Residents, Univ Iowa Hosps & Clinics

## PRESENTATIONS

- 2000, 2001 “Improving Treatment of Clinical Depression in Primary Care Settings”  
University of Iowa Behavioral Health; Lecture for Primary Care Physicians
- 2001 “Depression: Issues and Current Treatments”  
National Alliance for Mentally Ill
- 2002, 2003 “Psychopharmacology Board Review for Residents”  
University of Iowa Hospitals & Clinics, Pfizer
- 2004 “Seasonal Affective Disorder”  
Health for Your Lifetime Series, University of Iowa Community Seminar
- 2004 “Partial Hospital: From Abuses to Uses”  
University of Iowa Hospitals & Clinics, Grand Rounds
- 2006 “Gender Issues in Psychiatric Treatment”  
Intermountain Hospital, Boise ID
- 2007 “Paying Attention...to Standard of Care”  
Dept of Human Services, Adult Mental Health Clinic, Caldwell, ID

## SELECTED AWARDS & HONORS

- 1981-1985 National Dean’s List
- 1981-1985 President’s Roll of Honor
- 1983-1984 Edith Larson Outstanding Undergraduate Biology Student Award
- 1990-1991 School of Medicine Student Performance and Recognition Committee; Board of Higher Education Tuition Waiver for Academic and Personal Potential in the Field of Medicine
- 1991-1994 Ray F. Duggen Scholarship, Scholastic Achievement Award, UND School of Medicine
- 1994 Alpha Omega Alpha Honor Medical Society, Senior AOA

## RESEARCH INTERESTS

- 2000-2006 Program Development, Partial Hospital Program
  - Outcome Criteria, Assessment and Efficacy of Short-Term Partial Hospital Program in Mood & Personality Disorder Populations
  - Cognitive Behavioral Treatment Handbook
  - Development & Marketing of Outpatient Partial Programs
  - Development of Individualized Treatment Plan

## CURRENT INTERESTS

- Women’s Mental Health Issues
- Psychopharmacology
- Alternative & Complimentary Medicine