

## Nicole Lea Thurston, M.D.

### Curriculum Vitae

---

#### EDUCATION

---

<b>Residency Training, Psychiatry</b> <i>The University of Iowa Hospitals and Clinics, Iowa City, Iowa</i>	2007-2008
<b>Residency Training, Internal Medicine/Psychiatry</b> <i>The University of Iowa Hospitals and Clinics, Iowa City, Iowa</i>	2003-2007
<b>Doctorate of Medicine</b> <i>The University of Texas at Houston Medical School, Houston, Texas.</i>	1999-2003
<b>Bachelor of Science, Biochemistry Major, Spanish Minor, Physics Minor</b> <i>Centenary College of Louisiana, Shreveport, Louisiana.</i>	1995-1999

---

#### ADDITIONAL TRAINING

---

<b>NAMI Provider Training</b> <i>The University of Iowa Hospitals and Clinics, Iowa City, IA</i> 10 week course taught by mental health consumers and families specifically for providers	Spring 2007
<b>Mindfulness-Based Cognitive Behavioral Therapy</b> <i>The University of Iowa Hospitals and Clinics, Iowa City, IA</i> 8 week course teaching mindfulness as adjunctive treatment for major psychiatric disorders	Spring 2007
<b>Shared Medical Appointments</b> <i>VAMC, Iowa City, IA</i> Volunteered to begin shared medical appointments for patients receiving interferon therapy who develop psychiatric symptoms	Summer 2007
<b>Internal Medicine/Psychiatry Continuity of Care Clinic</b> <i>VAMC, Iowa City, IA</i> Weekly clinic providing care to patients with comorbid active medical and psychiatric problems	Fall 2006-Spring 2007

---

#### PROFESSIONAL ORGANIZATIONS AND MEMBERSHIPS

---

American Psychiatric Association  
Idaho Medical Association  
Physicians for a National Healthcare Program  
Association of Medicine and Psychiatry

---

#### PRESENTATIONS

---

Renal Grand Rounds, "SSRI's and SIADH."	Fall 2006
R2 Talk, "Factitious Disorders: Inspired by a case of unexplained hemoptysis."	Spring 2005
Ambulatory Care Curriculum, "Post Polio Syndrome"	Spring 2004

---

**PUBLICATIONS**

---

Thurston, N and Fiedorowicz, J.; Improvement of Paradoxical Vocal Cord Dysfunction with Integrated Psychiatric Care, *Psychosomatics*, In Press

▪

---

**SELECTED AWARDS AND HONORS**

---

- Teaching Resident, The University of Iowa Hospitals and Clinics (2005)
- Rotary International Scholarship, Centenary College (1999).
- Charles M. Ross Scholarship for graduate education in a service oriented career, Centenary College (1999)
- Graduated cum Laude, Centenary College (1999)
- Winner, Undergraduate Research Forum, Centenary College (1998)
- Howard Hughes Summer Research Fellowship, Centenary College (1997)

---

**SELECTED ACTIVITIES**

---

- Resident Representative, Hospital Ethics Committee (2006)
- Geriatrics Interest Group, The University of Texas at Houston Medical School (1999-2003)
- AMPAC medical student representative (2002-2003).
- Volunteer, Glen Oaks Nursing Home (1995-1999)
- Rotary Youth Exchange Student to Finland (1993-1994)

---

**LANGUAGES**

---

Spanish, conversational

Finnish, semi-conversational

---