

## **CURRICULUM VITAE**

**Aaron J. Crum, M.D.**

### **EDUCATION**

Aug 2009-May 2013	<b>University of Colorado School of Medicine</b> Aurora, CO Degree: MD
Aug 2003-May 2005	<b>Midwestern State University</b> Wichita Falls, TX Degree: MS Kinesiology
Aug 1998-Dec 2001	<b>Truman State University</b> Kirksville, MO Degree: BS Exercise Science

### **POST-GRADUATE EDUCATION**

July 2016- June 2018	<b>Child and Adolescent Psychiatry Fellowship</b> PGY IV and PGY V University of Colorado School of Medicine Aurora, CO
July 2014-June 2016	<b>Psychiatry Residency</b> PGY II and PGY III University of Colorado School of Medicine Aurora, CO
June 2013-July 2014	<b>Psychiatry Internship</b> University of Colorado School of Medicine Aurora, CO

### **WORK HISTORY**

April 2020 – Present	<b>Private Practice</b> Boise, Idaho
Sept 2018-March 2020	<b>Lead Psychiatrist</b> Pediatric Consult Liaison Service St. Luke's Children's Hospital, Boise, ID
July 2019 – Present	<b>Courtesy Clinical Instructor</b> University of Washington School of Medicine Psychiatry Residency, Seattle, WA
Oct 2017-June 2018	<b>Provisional Admitting/Attending Physician</b>

Children's Hospital Colorado, Aurora, CO

### **RESIDENCY COMMITTEES, AND SERVICE RESPONSIBILITY**

PGY5

2017-2018

#### **STEP Clinic**

Substance abuse Treatment Education & Prevention  
Treating Teen Substance Abuse  
Denver Health Hospital, Denver Colorado

2017-2018

#### **Integrated Behavioral Health Pediatric Clinic**

Multidisciplinary continuity of care clinic with pediatrics  
Children's Hospital of Colorado

2017-2018

#### **Imagine Clinic**

LGBTQ Mental Health Clinic  
University of Colorado Hospital Outpatient Psychiatry

2017-2018

#### **Denver Health's School-based Health Center**

Mental health center located within Denver Public Schools

PGY3

2015-2016

#### **Psychosomatic Outpatient Psychiatry Clinic**

Psychiatric Residency  
University of Colorado School of Medicine, Aurora, CO

2015-2016

#### **DBT for Co-Occurring Disorders Group**

Co-facilitator, Psychiatric Residency  
University of Colorado School of Medicine, Aurora, CO

2015-2016

#### **ARTS Addiction Research & Treatment Services**

Teen residential & outpatient substance abuse treatment  
University of Colorado School of Medicine, Aurora, CO

### **PROFESSIONAL MENTORING**

July 2019 - present

Diego Quiros

University of Washington Psychiatry Residency 2021

Harvard University Child and Adolescent Fellowship 2022

### **PROFESSIONAL INTERESTS**

Advocating for Children's Mental Illness

School Based Mental Health

Psychosomatic Medicine

Value Based Care

Integrated/Co-managed Mental Health

Motivational Interviewing

Acceptance Commitments Therapy

Structural Family Therapy

**ACCOMPLISHMENTS/HONORS**

2017	<b>Marianne Wamboldt, Excellence in Grand Rounds</b> Children's Hospital Colorado
2009	<b>Sports Hall of Fame Inductee</b> Truman State University 1999-2000 Men's Basketball team
2005	<b>Challenge Scholarship</b> Recognition of outstanding research performance of a graduate student from the National Strength and Conditioning Association

**PROFESSIONAL ORGANIZATION AND SOCIETIES**

2013 -- Present	<b>American Psychiatric Association</b>
2016 -- Present	<b>American Academy of Child and Adolescent Psychiatry</b>

**MEDICAL LICENSES, BOARD CERTIFICATIONS, ADVANCED DEGREE**

Sept 2019	Board Certified Child and Adolescent Psychiatrist American Board of Psychiatry & Neurology
Sept 2017	Board Certified Psychiatrist American Board of Psychiatry & Neurology
Aug 2018 – Present	Idaho Medical License Idaho Board of Medicine
Aug 2018 – Present	Practitioner Controlled Substance Idaho State Board of Pharmacy
May 2015-2019	Colorado Medical License Colorado State Board of Medical Examiners

**LECTURES /PRESENTATIONS/WORKSHOPS**

November 2019	Family Medicine Residency Half Day Conference Topic: Teen Depression and Suicide
May 2019	Lunch presentation and Ongoing Education St. Luke's Children's Center for Neurobehavioral Health

Topic: Bipolar Disorder in Teens

January 2019      Trauma Response Network Conference  
Nampa, ID School District  
Topic: Special Consideration for Suicide Prevention

January 2019      Pediatric Education-Inpatient Case Presentation  
St. Luke's Hospital, Boise  
Topic: Teenager with Catatonia and Delirium

June 2018      Poster Presentation  
Children's Hospital of Colorado  
Topic: Introduction to Medical Note Writing for First Year  
Medical Students

April 2017      Grand Rounds Presentation  
Children's Hospital of Colorado  
Topic: LGBTQ Considerations in Healthcare

April 2016      Grand Rounds Presentation  
University of Colorado Psychiatry Residency  
Topic: Frontotemporal Dementia

August 2004      Potentiation and Cycling  
Hotter-N-Hell Medical Conference  
Wichita Falls, TX

July 2004      Poster Presentation  
The Effects of Carbohydrate Supplementation on High  
Intensity Squatting  
National Strength & Conditioning Association Convention  
Minneapolis, MN

### **PRIOR EMPLOYMENT**

June 2008-July 2009      Psychiatric Technician  
Cox North Hospital, Springfield, MO

2006-2008      Science Teacher  
Humansville Highs School, Humansville, MO

2005-2006      Sports Performance Specialist  
Velocity Sports Performance, Cordova, TN

2001-2003      Substitute Teacher  
Calhoun, Brussels, Southwestern, IL School Districts

2002-2003      Fitness Instructor

Wellness Center, Jersey Hospital, Jerseyville, IL

2001-2003

Personal Trainer  
Nautilus Fitness, Alton, IL

### **Research**

A.J. Crum, N.Kawamori, M.H. Stone, and G.G. Haff. The acute effects of moderately loaded concentric-only quarter squats on vertical jump performance. *Journal of Strength and Conditioning Research*. 26(4):914-25, 2012

J.R. Kulik, N. Kawamori, C. Touchberry, P.Blumert, A.J. Crum, and G.G. Haff. Supplemental carbohydrate ingestion does not improve performance of high intensity resistance exercise. *Journal of Strength and Conditioning Research*. 22(4):1101-7, 2008

P.A. Blumert, A.J. Crum, M. Ernsting, J.S. Volek, D.B. Hollander, E.E. Haff and G.G. Haff. The acute effects of twenty-four hours of sleep loss on the performance of national-caliber male collegiate weightlifters. *Journal of Strength and Conditioning Research*. 21(4): 1146-54, 2007

N. Kawamori, A.J. Crum, P. Blumart, J. Kulik, J. Childers, J. Wood, M.H. Stone, G.G. Haff. Influence of different relative intensities on power output during the hang power clean: identification of optimal load. *Journal of Strength and Conditioning Research*. 19(3):698-708, 2005